



Bushloe  
Surgery

Spring 2025



# Spring Edition

## [Welcome to Bushloe Surgery](#)

Spring is finally making its presence known! Snowdrops are appearing and the nights are drawing out. A great time to start thinking about getting healthier by getting out and about!

Thinking about stopping smoking? For more information and help to stop, click the link

<https://www.nhs.uk/better-health/quit-smoking/>

'Little Moments Together' campaign is aimed at educating parents and carers about the importance of brain development in a child's first 5 years.

Tips and advice can be found on the website below

<https://www.nhs.uk/start-for-life/early-learning-development/>

## Vaccine clinics

If you were between 75—79 on September 1st 2024 or are 28 weeks or more pregnant, you are eligible for the RSV (respiratory syncytial vaccine) Please ask at reception to book your appointment.

You can also book pneumonia and shingles if you are eligible.

The Spring COVID campaign has been announced and more details will follow in March. Only those 75 and older, care home residents or those who are severely immunocompromised will be invited.

## How to order your prescription

- Visit our [website](#) & use the Contact the Practice form
- Call us after 10 am on 0116 344 0233
- Fill in the repeat slip and drop into our letter box or give to reception

Please order your medications a week in advance of them running out.

Prescriptions take 3 working days to complete.

## How to make an appointment

Our GP, Nurse Practitioner, and Physician Associate appointments are all released on the day.

If you wish to see a clinician that day please call 0116 3440233 as close to 8am as possible.

Our team are trained to ask relevant questions so they can book you with the most appropriate clinician.

Please see 'Who will provide my care' on our website for more information.

[www.bushloesurgery.co.uk](http://www.bushloesurgery.co.uk)

You can book in advance by using Contact the Practice on the website. Look for the big green square.

See the next page for more information.

## NHS Health Checks

Patients between 40 & 74 will be invited for an NHS healthcheck every 5 years. You can expect to have bloods taken, a discussion about health conditions in your family history, exercise, smear tests, checking breasts and bowel cancer screening.

The information given enables the health care assistants to complete a template to see what health risks you may have so we can help manage them.

If you receive an invite, please use the link to book your health check

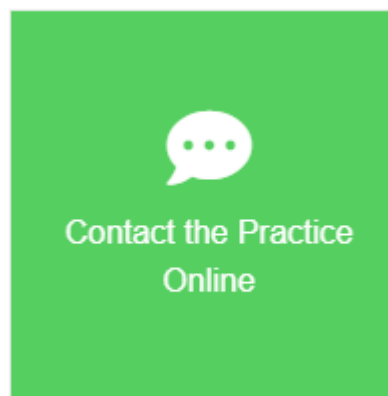
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*'Always a friendly welcome. Pleasant, efficient staff. A comfortable contemporary environment.'*

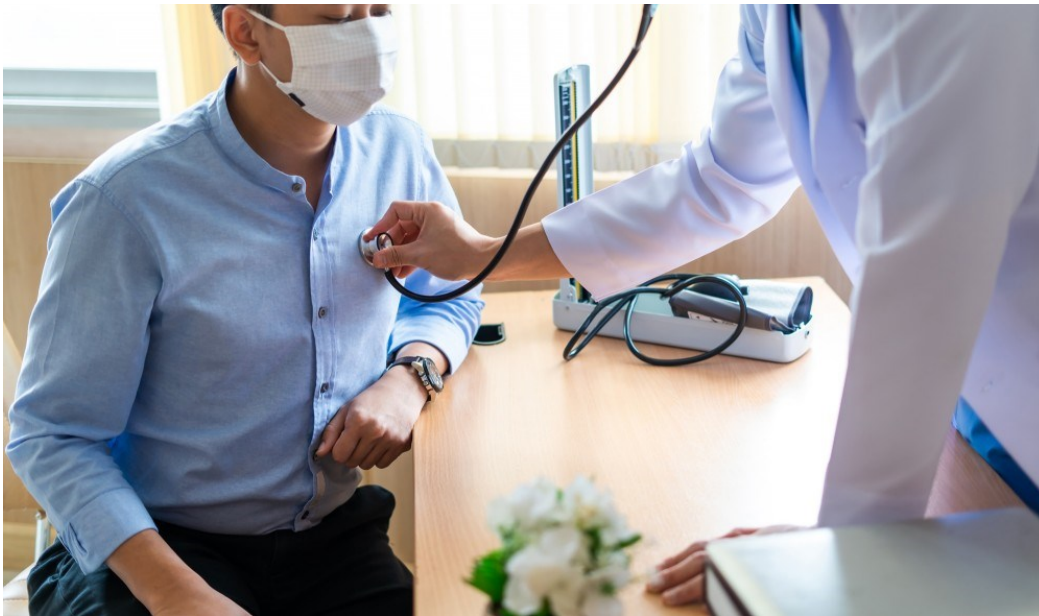
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In January, 696 Contact the Practice were submitted which equates to 53 per thousand patients. The national average in England is 44 so we are delighted that many people are finding it helpful and easy to use.

If you need to make a non-urgent appointment, why not give it a try. Look for this logo on our website.



You don't need a login and you can choose either a medical or admin request. The form guides you through a series of step-by-step questions and we will respond to you within 5 working days.



## In January we

- Handled 12138 calls to our main telephone number
  - Had 9635 appointments booked
  - Had a total of 13187 patients registered with us
  - Unfortunately, 130 appointments were not attended.
- Help us to help you by cancelling unwanted appointments.

We strive for a learning culture at Bushloe and are always searching for ways we can improve our patient experience. We welcome your feedback either positive or negative and will use this to make improvements with our service.



## Contact the Practice Online

Use this option to request a non-urgent appointment.

You do not need a login to use this service.

The page guides you through a series of questions to help the team put you with the most suitable clinician.

You can specify the best day, times or clinician to call you.

This service has a 5 working day turnaround so must only be used for non-urgent appointments.

Use this service if you need to request a repeat fit note to be absent from work.

Julie, a member of our patient participation group can support patients to get online to use this service on Tuesday mornings.

Please speak to a member of the team who can add you to her waiting list.

## Easter Closures

We will be closed on

Friday 18th April (Good Friday) and Monday 21st April (Easter Monday)

We will reopen as normal on Tuesday 22nd April.

Our normal opening hours are 8am until 6.30pm, Monday to Friday.

Smear tests & minor surgery appointments are available between 6.30 and 8.00pm.

Appointments should be booked in advance

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Did you know:

We offer coil fitting, contraceptive implants, minor surgery, steroid injections and ear syringing.

Speak to a member of the reception team for more information.

## Focus on a clinician

Hello! I'm delighted to have recently joined Bushloe surgery. I moved to Leicestershire after graduating from the University of Leeds where I completed my medical training and BSc in Medical Education. My training has allowed me to gain experience across a variety of medical and surgical specialties but my passion remains within the local community which is why I chose to work within general practice. My areas of interest include medical education and care for the elderly.

When I'm not working, I enjoy the outdoors and hiking, spending time with loved ones and watercolour painting. I look forward to contributing towards your physical health and well-being.

Dr Sonal Mistry



The Patient Participation Group (PPG) are looking for new members.

The group meet at 6.30pm on Tuesdays at the surgery.

Meetings for 2025 are below.

04.03.2025

03.06.2025

02.09.2025

02.12.2025

Copies of the minutes can be found by [here](#)